

# WHAT IS CLASSROOM GUIDANCE?

CLASSROOM GUIDANCE IS GENERALLY A 30-45 MINUTE BLOCK WHERE THE SCHOOL COUNSELOR COMES IN TO SHARE A CHARACTER BUILDING LESSON. LESSONS OFTEN INCLUDE A STORY/VIDEO, A HANDS ON GAME/ACTIVITY, AND A DISCUSSION. SCHOOL COUNSELORS VISIT EACH K-5 CLASSROOM ONCE EVERY 6 WEEKS. CURRICULUM FOLLOWS THE ASCA (AMERICAN SCHOOL COUNSELOR ASSOCIATION) STANDARDS.

## TOPICS COVERED IN GUIDANCE

- DIVERSITY
- GRATITUDE
- GRIT
- COMPASSION & EMPATHY
- CONFLICT RESOLUTION
- ANTI-VICTIMIZATION



# CLASSROOM GUIDANCE 101

**WRE  
SCHOOL  
COUNSELOR  
MEGAN  
HOWELL**

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