



Turn in this page by **MARCH 26, 2019**

Candidate Name _____

Trying out for Cheerleader or Mascot _____

Incoming GRADE _____

2019-2020 Prosper Middle Schools

Cheerleading/Mascot Application

Coach Erin Cole; Rogers - emcole@prosper-isd.net, 469-219-2150

Coach Melissa Thetford; Reynolds - mdthetford@prosper-isd.net, 469-219-2165

TBD; Hays -

[Online Candidate Information Form](#)

I, _____, pledge to follow the Prosper Middle School Spirit Squad Constitution and Prosper ISD Student Code of Conduct set forth by Prosper Middle School. **I have viewed the constitution online and am aware it is available on both Prosper Middle School websites for future reference. I understand that my parents and I must attend the mandatory parent meeting on March 26, 2019 at 6:00 pm.** I have completed the online information form as well as any additional application material. I have read the expense understanding and [agreement form](#). My parents and I clearly understand the cost, time commitment, attendance, UIL grade loss of eligibility, and the risks involved in being a spirit squad member. If selected, I verify that I have read and understand the guidelines set forth in the Prosper Middle School Spirit Squad Constitution and tryout application and will adhere to those guidelines. I understand that the judges' decisions are final. I understand that if selected, the rules set forth in the Prosper Middle School Spirit Squad Constitution become effective immediately.

Fill out the online candidate information form at: <https://goo.gl/forms/2ECXtZYxyd8Dxsp23>

(Registration is not complete until the Google Form has been filled out.)

Candidate Signature _____

Date _____

Parent Signature _____

Date _____

CHECKLIST:

_____ Prosper Middle School Cheerleading/Mascot Application (**This Page**) Turned in by 4:00 pm, March 26th

_____ **Attend MANDATORY Parent AND Candidate Meeting on March 26, 2018-6:00 @Reynolds Cafeteria**

_____ Candidate Information (**online-you will receive a confirmation email**) Turned in by 4:00 pm, March 26th
<https://goo.gl/forms/2ECXtZYxyd8Dxsp23>

_____ Expense Understanding/Agreement Form (**Check box online candidate information**)

_____ Inherent Risk Sheet Acknowledgement Form (**Check box online candidate information**)

_____ Copy of Grades Including 1st Semester and Third Nine Weeks to **current Prosper Middle School front office on March 26th**

_____ *Physical (Current)

_____ *Please check here if you have a physical on file with the **Prosper Middle School** athletic trainer-you **MUST** obtain a copy



Parents/Guardians and Prosper Middle School Cheerleader/Mascot Candidate,

Congratulations, you have decided to try out for Prosper Middle School Spirit Squad (Cheerleader or Mascot). If you desire friendships, success, self-discipline, lasting memories, endless opportunities for involvement, and the opportunity to be a leader at Prosper Middle Schools, we encourage you to try out for cheerleader/mascot. This packet contains important information concerning tryout procedures, team requirements, and district policies. **Please read this packet thoroughly and keep the information for future reference.**

As a prospective cheerleader/mascot, please be aware of the time and energy it takes to be an effective student leader responsible for representing Prosper Middle School in all aspects of extracurricular activities both on and off campus. In order for cheerleaders to be able to give 100% to her/his activities, it is important to set priorities. We hope that you will discuss the expectations and obligations of being a Prosper Middle School Cheerleader or Mascot with your son/daughter, and agree that Prosper Spirit Squads are a worthwhile organization.

Cheerleading helps students form friendships, enrich communication, and develop group dynamic skills, and responsibility. It also provides countless opportunities to foster leadership skills that will prove beneficial later in life. Please read all information carefully in the packet and constitution before signing the contracts. If you have any questions, please contact a Prosper Middle School Cheer Coach. We look forward to working with your daughter or son during the upcoming tryout process. We will take the candidates through the tryout process in order to prepare them to be judged by a certified panel of judges. Please remember that all judge's scores will be final.

Sincerely,

Erin Cole, Rogers Middle School Cheer Coach

Melissa Thetford, Reynolds Middle School Cheer Coach

TBD, Hays Middle School Cheer Coach

The online candidate form and the first page of this packet must be completed (returned to your current Prosper Middle School front office by candidate and/or parent/guardian), **by Thursday, March 26th at 4:00 pm. No late applications will be accepted. If it is not turned in at this time, you will not be allowed to try out. If selected as either cheerleader or mascot, summer camp is MANDATORY.**

Prosper Middle School Spirit Squad Clinics

Tryouts for the Prosper Middle School Spirit Squad for the 2019-2020 season will be **April 5, 2019**. Tryouts are held at Rogers Middle School starting at from 4:15 pm until complete. (Time will be based on the number of candidates.)

Clinics

1. Only those candidates that meet the tryout requirements will be admitted to the clinic. All clinic sessions and tryouts are closed to the public. No videotaping will be allowed, this includes camera phones. Videotaping with any type of device will result in disqualification.
2. Clinics:
 - April 1 - 7th - 4:15 - 5:15 pm - Rogers Middle School Small Gym
 - 8th - 4:15 - 5:15 pm - Rogers Middle School Large Gym
 - April 2 - 7th - 4:15 - 5:15 pm - Rogers Middle School Small Gym
 - 8th - 4:15 - 5:15 pm - Rogers Middle School Large Gym
 - April 3 - 7th - 4:15 - 5:15 pm - Rogers Middle School Large Gym*
 - 8th - 4:15 - 5:15 pm - Rogers Middle School Large Gym*
 - April 4 - 7th - 4:15 - 5:15 pm - Rogers Middle School Small Gym
 - 8th - 4:15 - 5:15 pm - Rogers Middle School Large Gym
3. Female candidates must wear shorts (Spandex will only be allowed **under** athletic shorts), t-shirts, and athletic shoes during the clinic with hair secured up and back (no wispsies). No half tops or bra tops will be allowed. No jewelry may be worn. Male candidates must wear t-shirt, athletic pants or shorts and athletic shoes.
4. Only water bottles will be allowed in the gym/arena.
5. Tryout numbers will be randomly drawn at the clinic.

Prosper Middle School Spirit Squad Tryout Rules and Procedures

1. Application information attached to this **packet must be turned in by 4:00 pm, March 26, 2019**. If your packet is not received by this date and time to the current Prosper Middle School front office, that candidate cannot tryout for the Spirit Squad. **Candidates not currently enrolled in PISD must provide a copy of their house contract showing closing date. PISD enrollment rules apply with the start of the 2019-2020 school year. If you are out of state or currently out of district, please fax forms to **Reynolds - 972.346.2455** in care of Melissa Thetford; **Rogers – 972.346.9248** in care of Erin Cole.
2. Candidates must meet all tryout requirements found in Prosper Middle Schools Spirit Squad Constitution. PLEASE READ CAREFULLY.
3. A Prosper ISD grade sheet report depicting the THIRD nine-weeks grades in all classes, must be turned in by **March 26, 2018 by 4:00 pm**. Coaches will certify all grades. Candidates must be passing all classes for the third nine-weeks. Transfer students must provide a current grade sheet report depicting ALL classes and ALL grade check periods for the current school year.
4. Female candidates must wear: black shorts (Spandex will only be allowed under athletic shorts), white t-shirt, white shoes, and hair in a high ponytail with PLAIN WHITE bow if hair allows. You cannot wear any clothing that depicts you as a previous cheerleader and/or mascot. (5 points will be deducted from your final score if you are not in correct attire during tryout.)
5. Male candidates must wear: black athletic pants, white t-shirt and white shoes.
6. No jewelry will be allowed. (5 points will be deducted from your final score if jewelry is worn during tryout.)
7. No nail polish. (5 points will be deducted from your final score if nail polish is worn during tryout.)
8. Only those candidates trying out for cheerleader/mascot will be allowed in the gym area. Parents are encouraged to wait outside the building during tryouts.
9. All candidates' will have an individual number assigned to them. These will be randomly assigned at the clinic. You must wear your assigned number at chest level. Changing numbers will result in being disqualified from the tryouts.
10. Tryouts are scheduled to begin promptly
 - Rogers Candidates 4:15-5:45 pm***
 - Reynolds Candidates 6:00-7:30 pm***
 - Hays Candidates 7:45-9:00 pm***
 - *estimated tentative times (all candidates need to arrive 30 minutes prior to scheduled tryouts)****Any candidate arriving after above stated times for their squad will be disqualified and unable to tryout, without prior approval from the coach.

11. All candidates will be provided with one chant and one dance at the tryout clinic. All 8th grade candidates will be seen by three judges followed by all the 7th grade candidates by respective campus.

12. Candidates will be judged on the following: 1) Individual RUNNING tumbling, 2) Chant in groups, 3) Dance in groups, 4) Individual chant, 5) Individual jumps, 6) STANDING tumbling (optional)

***Performance requirements are subject to change based on judges' requests.**

A. Running Tumbling – Candidates will enter the gym with small group in numerical order. Candidates will have two tumble passes (first pass down the mat, second pass candidate will turn and tumble back). Candidates DO NOT have to perform the second pass if they feel the first pass was sufficient.

B. Chant- Will be performed in GROUPS based on candidate number.

C. Dance – Will be performed in GROUPS based on candidate number.

D. Individuals: Candidates will perform the provided chant. After the chant, candidate will perform the following jumps: right hurdler, toe touch, left hurdler (not connected), and perform standing tumbling (optional).

Judges have the right to request to see any piece of the process more than once if needed

13. Mascot candidates will perform a two minute ORIGINAL skit with an overall theme for tryout. They will be dressed in self provided costume. Candidates will need to provide their own music and props. Three props are required and a maximum of three humans may be incorporated. (Humans are not counted as props.)

14. Once the candidates are dismissed from the tryout process, there will not be any callbacks.

Inherent Risk Sheet

INHERENT RISKS OF CHEERLEADING:

Cheerleading is reasonably safe as long as certain guidelines are followed, but there is the inherent risk of injury as in any athletic activity. Cheerleading is an anaerobic/aerobic activity which includes jumping, stunting, motions, and tumbling. All physicals must be on file in the middle school athletic office AND a copy provided to the cheer coach BEFORE you may participate in clinics, practices, and games. It is your responsibility to keep the coach informed of all injuries and/or chronic conditions. Although the probability of injury is minimized if you practice correctly, there is always the possibility of one occurring: blisters, muscle strains, ligament sprains, joints and muscle soreness, abrasions, contusions, stress fractures, broken bones, spinal cord injuries involving paralysis, and even death. However, if you take certain precautions, the possibility of such injuries will be largely decreased.

GUIDELINES:

NEVER stunt or tumble unless a coach or coach's designee is present.

Always practice in the presence of a qualified coach.

Always warm-up appropriately before cheering (practice and games)

Do not attempt a stunt that you do not know how to perform safely and that has not been checked off by the coach.

Always use attentive spotters when stunting

Always cheer in an area free from obstruction.

Always use mats or a grassy area when stunting during practice.

Do not stunt on uneven ground, wet surfaces, and/or concrete.

Do not stunt in cold or rainy weather.

Never talk, laugh, or mess around when performing a stunt.

Report all injuries to the coach as soon as they occur.

Follow all trainer and doctor recommendations.

Lift weights to increase strength and guard against injuries.

Always wear shoes and clothing appropriate for cheerleading.

Never wear jewelry of any kind or chew gum when cheering (practices or games).

Eat nutritious meals and get plenty of rest.

Always ask for assistance or advice at any time.

By checking the box located [on the online form](#), I agree to follow all information above.

Candidate Information

Please fill out the [candidate information online](#). If you have any trouble, please contact **Reynolds** Coach Melissa Thetford mdthetford@prosper-isd.net, **Rogers** Coach Erin Cole emcole@prosper-isd.net, or **Hays** TBD. If you do not complete the online information, you will not be allowed to tryout. THE FORM WILL SEND AN AUTOMATED RECEIPT OF RESPONSES TO THE EMAIL ADDRESS GIVEN. If you do not receive this form, please contact us for confirmation.

Estimated Cheerleader Expenses:

Uniform Pieces: \$600

Shell

Motion Flex Bodyliner (full top)

Skirt

Spandex

Jacket

Tee shirts (3)

Leggings

Bows (3)

Shoe: Nfinity Vengeance

6" Metallic Poms (2)

Spirit Fee: \$40

Cheer camp: \$110

TOTAL COST: \$750

***all payment must be made by cash, money order or cashier's check (no personal or business checks, please).**

On Own Purchases:

3-pack white ankle socks

2-3 Nike black shorts

Optional Purchases:

Nfinty backpack with Prosper Cheer monogramming (\$70-\$100)

Expense Understanding and Agreement Form

Both the parent/guardian and cheer/mascot candidate are fully aware of the financial responsibilities of being a Prosper Middle School Cheerleader and or Mascot. I understand that if I do not meet the required financial obligations by the due dates set forth in this tryout packet, I will not have any items ordered and I will be removed from the spirit squad and replaced with the next ranked cheerleader/mascot candidate. All financial obligations are at the Campus Made it Meeting (TBD). An invoice will be supplied for all team members based on items ordered. There will be no refunds given due to dismissal from the squad or voluntary resignation. All school issued items will be returned immediately.

**There is a possibility that different fees will present themselves throughout the year (see dates page). Please know that as additional performances arise, we will make those known, but*

remember that those additional performance opportunities and the finances associated with them are optional.

By checking the box located on the [online form](#), I agree to follow all information above.

RMS Cheerleading Tryout Score Sheet						
Tryout # _____						
	Skill	Evaluations	Possible Points	Score	Comments	
S O L O	Jumps - Judged on technique and the ability to stay in the same location	Right Hurdler	5			
		Toe Touch	5			
		Left Hurdler	5			
	Running Tumbling Degree of difficulty is based on skill level	0 = none		5		
		2 = cartwheel				
		3 = round off				
		4 = backhand spring				
		5 = back tuck +				
	Chant- Candidate will perform the provided chant	Motions: Technique & Sharpness		5		
		Voice Volume & Inflection		5		
		Presentation Enthusiasm & Confidence		5		
	Standing Tumbling Degree of difficulty is based on skill level	0 = none		5		
		2 = front walkover				
		3 = backhandspring				
		4 = back tuck				
5 = toe touch back tuck +						
Chant- Candidate will perform the provided chant with group	Motions: Technique & Sharpness		5			
	Voice Volume & Inflection		5			
	Presentation Uniformity & Enthusiasm		5			
Dance- Candidate will perform the provided dance with group	Motions: Technique & Sharpness		5			
	Presentation: Uniformity		5			
	Energy Crowd Engagement		5			

RMS Mascot Tryout Score Sheet

Tryout # _____

Skill	Description	Score	Comments
Theme	The skit must have an overall theme. The theme may be expressed through the use of music, props, costumes, signs, and actions. The theme should help the story of the skit come to life	Possible (10)	
Energy	Very vibrant and upbeat while involving the crowd.	Possible (10)	
Character	The mascot becomes a 'friend' to the crowd by expressing emotions within the performance.	Possible (10)	
Props	Props aids the mascot in expressing their ideas and grabs the attention of the audience.	Possible (10)	
Appeal	Skit idea is creative and provides the WOW factor to entertain the audience.	Possible (10)	
Time	The skit entertainingly lasts 1 - 3 minutes.	Possible (10)	

Prosper ISD Middle School Tryout Dates to Remember

Additional dates and times will be added as they become available.

August includes the following activities: Meet the Eagles, Picture Day, Sign Painting, etc. Coaches will contact you as dates become available.

Dates:

March 4 - Tryout information posted on Prosper Middle School cheer websites. Tryout packet and announcement made about cheer/mascot tryouts.

March 26 – *Cheer Application with GRADES due by 4:00 pm at current Prosper ISD Middle School front office - NO EXCEPTIONS*

March 26 – **Mandatory** Parent & Candidate Meeting, 6:00 pm, Cafeteria of Reynolds Middle School

March 31 – Youtube video link will be emailed to all candidates by 5:00 pm

April – Clinic

April 1 - 7th - 4:15 - 5:15 pm - Rogers Middle School Small Gym

8th - 4:15 - 5:15 pm - Rogers Middle School Large Gym

April 2 - 7th - 4:15 - 5:15 pm - Rogers Middle School Small Gym

8th - 4:15 - 5:15 pm - Rogers Middle School Large Gym

April 3 - 7th - 4:15 - 5:15 pm - Rogers Middle School Large Gym*

8th - 4:15 - 5:15 pm - Rogers Middle School Large Gym*

April 4 - 7th - 4:15 - 5:15 pm - Rogers Middle School Small Gym

8th - 4:15 - 5:15 pm - Rogers Middle School Large Gym

April 5 – Cheerleader/Mascot Tryouts:

3:45 pm – Small Gym will be open for Rogers’ warm-ups

4:15 pm – Rogers’ Candidate tryouts

5:30 pm – Small Gym will be open for Reynolds’ warm-ups

5:30 pm – Reynolds’ Candidate tryouts

7:15 pm – Small Gym will be open for Hays’ warm-ups

7:45 pm – Hays’ Candidate tryouts

*Any candidate arriving **after** above stated times for their squad will be disqualified and unable to tryout.

April 5 – Results Posted to registered Prosper ISD Campus website by candidate number (Prosper ISD, Rogers/Reynolds/Hays MS, Athletics, Cheerleading).

Welcome to the team!

Practices will begin ASAP after tryouts

***Tentative Cheer Camp July 23 & July 24**