



# PROSPER ISD SUMMER SPORTS CAMPS

ONLINE REGISTRATION OPENS MAY 3, 2021

[www.prosper-isd.net/athletics](http://www.prosper-isd.net/athletics)

## PROSPER HIGH SCHOOL

| CAMP                   | GRADES    | DATES      | TIMES                   |
|------------------------|-----------|------------|-------------------------|
| BASEBALL               | 1st - 4th | June 14-17 | 8:00 a.m. - 10:00 a.m.  |
|                        | 7th-8th   | June 14-17 | 10:00 a.m.- 12:00 p.m.  |
|                        | 5th-6th   | June 21-24 | 8:00 a.m.- 10:00 a.m.   |
|                        | 9th       | June 21-24 | 10:00 a.m.- 12:00 p.m.  |
| BOYS BASKETBALL        | 2nd-5th   | June 7-10  | 9:00 a.m. - 11:00 a.m.  |
|                        | 6th-9th   | June 7-10  | 12:30 p.m. - 3:30 p.m.  |
| BOYS SOCCER            | 9th       | July 19-22 | 9:00 a.m. - 11:00 a.m.  |
|                        | 2nd-8th   | July 19-22 | 11:30 a.m. - 1:30 p.m.  |
| CROSS COUNTRY FOOTBALL | 2nd-8th   | June 1-4   | 8:00 a.m. - 10:00 a.m.  |
|                        | K-5th     | May 24-27  | 9:00 a.m. - 11:00 a.m.  |
| GIRLS BASKETBALL       | 6th-9th   | July 26-29 | 5:00 p.m. - 8:00 p.m.   |
|                        | 2nd-5th   | June 21-24 | 9:00 am - 11:00 am      |
| GIRLS SOCCER           | 6th-9th   | June 21-24 | 12:00 p.m. - 3:00 p.m.  |
|                        | 2nd-8th   | July 12-15 | 9:00 a.m. - 11:00 a.m.  |
| SOFTBALL               | 9th       | July 12-15 | 12:00 p.m. - 2:00 p.m.  |
|                        | 2nd-9th   | June 7-10  | 8:00 a.m. - 11:00 a.m.  |
| TENNIS                 | 3rd-6th   | June 1-4   | 8:00 a.m. - 10:00 a.m.  |
|                        | 7th-9th   | June 1-4   | 10:30 a.m. - 12:30 p.m. |
| TRACK & FIELD          | 2nd-8th   | June 7-10  | 8:00 a.m. - 10:00 a.m.  |
| VOLLEYBALL             | 1-5th     | June 14-17 | 9:00 a.m.-11:00 a.m.    |
|                        | 6-8th     | June 14-17 | 12:30 p.m. - 3:30 p.m.  |
|                        | 9th       | June 14-17 | 8:00 a.m. - 11:00 a.m.  |
| WRESTLING              | 1st-5th   | June 1-4   | 10:00 a.m. - 12:00 p.m. |
|                        | 6th-9th   | August 2-5 | 8:00 a.m. - 11:00 a.m.  |

## PHS STRENGTH & CONDITIONING CAMP

| DATES  | GRADES    |   | TIMES                   |
|--|-----------|---|-------------------------|
| 8 week Camp<br>June 1-4, 7-10, 14-17, 21-24<br>July 5-8, 12-15, 19-22, 26-29 | 10th-12th | Football (High Intensity)                 | 7:00 a.m. - 9:00 a.m.   |
|  | 9th-12th  | All High School Athletes (High Intensity) | 8:00 a.m. - 10:00 a.m.  |
|  | 7th-8th   | Middle School                             | 9:00 a.m. - 11:00 a.m.  |
|  | 3rd-6th   | Foundational                              | 10:00 a.m. - 11:00 a.m. |

Football skills will run for 30 minutes each day after SAC camp for incoming 9th-12 graders

## ROCK HILL HIGH SCHOOL

| CAMP                   | GRADES    | DATES          | TIMES                   |
|------------------------|-----------|----------------|-------------------------|
| BASEBALL               | 7th-9th   | June 21-24     | 7:00 a.m. - 9:00 a.m.   |
|                        | 1st-6th   | June 21-24     | 9:30 a.m. - 11:30 a.m.  |
| BOYS BASKETBALL        | 1st-5th   | June 14-17     | 9:00 a.m. - 11:00 a.m.  |
|                        | 6th-9th   | June 14-17     | 12:00 p.m. - 3:00 p.m.  |
| BOYS SOCCER            | 1st-5th   | June 1-4       | 9:00 a.m. - 11:00 a.m.  |
|                        | 6th-9th   | June 1-4       | 12:00 p.m. - 2:00 p.m.  |
| CROSS COUNTRY FOOTBALL | 5th-9th   | June 28-July 1 | 9:00 a.m. - 11:00 a.m.  |
|                        | K-5th     | June 21-24     | 4:00 p.m. - 6:00 p.m.   |
| GIRLS BASKETBALL       | 6th-9th   | July 26-29     | 5:00 p.m. - 8:00 p.m.   |
|                        | 2nd - 6th | June 7-10      | 9:00 a.m. - 12:00 p.m.  |
| GIRLS SOCCER           | 7th-9th   | June 7-10      | 1:00 p.m. - 4:00 p.m.   |
|                        | 1st-5th   | June 14-17     | 9:00 a.m. - 11:00 a.m.  |
| SOFTBALL               | 6th - 9th | June 14-17     | 12:30 p.m. - 3:30 p.m.  |
|                        | 3rd-6th   | July 19-22     | 9:00 a.m. - 11:00 a.m.  |
| TENNIS                 | 7th-9th   | July 19-22     | 12:00 p.m. - 3:00 p.m.  |
|                        | 1st-4th   | July 12-15     | 8:00 a.m. - 10:00 a.m.  |
|                        | 5th - 8th | July 12-15     | 10:30 a.m. - 12:30 p.m. |
|                        | 9th       | July 12-15     | 1:00 p.m. - 3:00 p.m.   |
|                        | 1st-4th   | July 19-22     | 8:00 a.m. - 10:00 a.m.  |
|                        | 5th-8th   | July 19-22     | 10:30 a.m. - 12:30 p.m. |
| WRESTLING              | 9th       | July 19-22     | 1:00 p.m. - 3:00 p.m.   |
|                        | 1st-5th   | May 24-27      | 9:00 a.m. - 11:00 a.m.  |
|                        | 6th-8th   | May 24-27      | 12:30 p.m. - 2:30 p.m.  |
|                        | 1st-5th   | July 12-15     | 9:00 a.m. - 11:00 a.m.  |
|                        | 6th-8th   | July 12-15     | 12:30 p.m. - 2:30 p.m.  |
| VOLLEYBALL             | 9th       | July 12-15     | 3:00 p.m. - 6:00 p.m.   |
|                        | 1st-5th   | June 1-4       | 9:00 a.m. - 11:00 a.m.  |
|                        | 6th-8th   | June 1-4       | 12:30 p.m. - 3:30 p.m.  |
|                        |           | July 26-29     | 8:00 a.m. - 11:00 a.m.  |

## RHHS STRENGTH & CONDITIONING

| DATES  | GRADES    |   | TIMES                   |
|--|-----------|---|-------------------------|
| 8 week Camp<br>June 1-4, 7-10, 14-17, 21-24<br>July 5-8, 12-15, 19-22, 26-29 | 10th-12th | Football (High Intensity)                 | 7:00 a.m. - 9:00 a.m.   |
|  | 9th-12th  | All High School Athletes (High Intensity) | 9:30 a.m. - 11:30 a.m.  |
|  | 7th-8th   | Middle School                             | 10:30 a.m. - 12:30 p.m. |
|  | 3rd-6th   | Foundational                              | 11:00 a.m. - 12:00 p.m. |

Football skills will run for 30 minutes each day after SAC camp for incoming 9th-12 graders

## PROSPER ISD NATATORIUM

| CAMP                          | GRADES   | DATES             | TIMES                  |
|-------------------------------|----------|-------------------|------------------------|
| Hawks Competitive Swim Camp   | 6th-12th | May 31st-June 4th | 9:00 a.m. - 12:00 p.m. |
|                               | 6th-12th | July 12th-16th    | 9:00 a.m. - 12:00 p.m. |
| Eagles Competitive Swim Camp  | 6th-12th | June 7th-11th     | 9:00 a.m. - 12:00 p.m. |
|                               | 6th-12th | July 19th-23rd    | 9:00 a.m. - 12:00 p.m. |
| PAC Pre-Competitive Swim Camp | 3rd-8th  | June 14th-18th    | 9:00 a.m. - 12:00 p.m. |
|                               | 3rd-8th  | July 26th-30th    | 9:00 a.m. - 12:00 p.m. |

Pricing (includes processing fees): 2 Hour Camps: \$80, 3 Hour Camps: \$95, Strength & Conditioning: \$160, Swim Camps: \$185, Skill Camps: \$55