

Prosper ISD Medication Guidelines Overview

All medications to be given at school must be accompanied by a “Parent/Physician Request for Administration of Medication” form. A separate form must be completed for each medication. A new form is required at the beginning of each school year and any time medication dosages are changed.

What medications can be given at school?

- Only those medications which cannot be given outside of school hours will be given.
- Herbal substances and dietary supplements will **not** be administered in the school setting unless ordered by a physician and required as part of the student’s Individualized Education Plan (IEP) or section 504 plan.
- The school will **not** administer expired medication or medication at a dosage that exceeds the recommended maximum dosage in the Physicians Desk Reference.
- **Over-the-counter (OTC) Medications:**
 - Parent-provided nonprescription medication from the District-approved list (below) may be administered with a parent’s written request form for up to ten doses (no more than 5 consecutive days of administration) before a physician signature is required.
 - All other nonprescription medications may be kept in the school clinic for 10 school days with a parent’s written request form. If the medication is needed at school for longer than a 10 day period, a physician signature is required.
 - School personnel must administer OTC medications according to the age/weight instructions on the package/bottle.
 - PISD school clinics maintain a limited supply of the District-approved nonprescription medications for unexpected situations and when no parent-provided nonprescription medication has been provided. These medications may be given after assessment by the registered nurse, for up to ten doses, in accordance with standing orders by the District’s medical advisor and with appropriate written parent/guardian consent (completed electronically during online registration or by written request form from the school nurse).

District-approved list of nonprescription medications:

- Acetaminophen (Tylenol)
- Ibuprofen (Advil; Motrin)
- Diphenhydramine (Benadryl)
- Menthol cough drops/throat lozenges
- Calcium Carbonate chewable tablets (Tums)

How should medications be transported to and from school?

- For student safety, parents/guardians should transport all medication (controlled and non-controlled) to and from school. Do NOT send medications in student lunches.
- Prescription medications will be counted upon arrival at the clinic. Documentation of the counts will be made with the parent and PISD staff.
- Any unused, discontinued, or expired medication will be disposed of at the end of the school year or 2 weeks after last prescribed dose if not picked up from the clinic by the parent.
- The school will accept no more than a 30-day supply of medication at a time.



Medication must be in the original, properly labeled container.

Acceptable Containers and Labeling for Medication

- All medication brought to school, including over-the-counter medication, is **required to be in the original, properly labeled container**. Medications brought in a baggie or tissue, out of their original container, will not be administered at school. If there is a change in the medication dosage a new pharmacy label must be obtained for the medication bottle.

Where are the Medications kept while at school?

- All medications are to be kept in a locked cabinet in the school clinic*. The school nurse, health aide, and PISD personnel designated by the principal and trained to administer medications will distribute all medications. *Emergency anaphylactic medications are stored in a secure, but unlocked location per legislative requirements.
- A student may self-carry and self-administer an inhaler or epinephrine only after a Parent/Physician Request for Self-Administration form has been completed by the parent and the physician.

What medications/treatments are used in the clinic for first aid care?

- AMMONIA INHALANTS
- ANTIBACTERIAL HAND SANITIZER
- BACTINE (CONTAINING LIDOCAINE)
- CALADRYL
- CALAMINE LOTION
- CONTACT LENS CLEANING SOLUTION
- HAND/BODY LOTION (EX: AQUAPHOR, EUCERIN, LUBRIDERM, AVEENO)
- HYDROCORTISONE CREAM
- HYDROGEN PEROXIDE
- ISOTONIC EYE WASH SOLUTION
- LUBRICANT EYE DROPS
- RUBBING ALCOHOL/ ALCOHOL WIPES
- SALT WATER GARGLE
- STING RELIEF SWABS
- VASELINE